IN THE CLAIMS:

The following is a complete listing of claims in this application.

Claims 1-13 (canceled).

14. (new) Method for producing a carbon element having a honeycomb-shaped structure, comprising the steps of:

obtaining a resin-impregnated, paper or fleece base body with a honeycomb-shape;

pyrolyzing the honeycomb-shaped, resin-impregnated, paper or fleece base body;

stabilizing and/or compressing the pyrolyzed base body; coating the stabilized and/or compressed, pyrolyzed base body with a carbon-containing solution; and

pyrolyzing the coated, stabilized and/or compressed, pyrolyzed base body to obtain the carbon element.

- 15. (new) Method pursuant to claim 14, wherein the base body comprises a resin-impregnated Aramid paper.
- 16. (new) Method pursuant to claim 14, wherein the stabilizing and/or compressing comprises material precipitation from the gaseous phase.
- 17. (new) Method pursuant to claim 16, wherein the stabilizing and/or compressing comprises CVI and/or CVD precipitation with at least one of C, SiC, B4C and Si.
- 18. (new) Method pursuant to claim 14, wherein the stabilizing and/or compressing comprises forming an SiC or PyC layer on the pyrolyzed base body.
- 19. (new) Method pursuant to claim 14, additionally comprising coating the pyrolyzed and stabilized and/or compressed base body with a ceramic slip, and converting the slip into ceramic.
- 20. (new) Method pursuant to claim 19, wherein the ceramic is SiC.
 - 21. (new) Method pursuant to claim 14, wherein the step

of pyrolyzing the honeycomb-shaped, resin-impregnated, paper or fleece base body comprises carbonizing at a temperature T_1 of $850^{\circ}C \leq T_1 \leq 1100^{\circ}C$.

- 22. (new) Method pursuant to claim 21, wherein 900°C $\leq T_1 \leq 1000^{\circ}\text{C}$.
- 23. (new) Method pursuant to claim 14, wherein the step of pyrolyzing the honeycomb-shaped, resin-impregnated, paper or fleece base body comprises graphitizing at a temperature T_2 of $1700^{\circ}\text{C} \leq T_2 \leq 3100^{\circ}\text{C}$.
- 24. (new) Method pursuant to claim 23, wherein 1800°C $\leq T_2$ \leq 2450°C.
- 25. (new) Method pursuant to claim 14, wherein the base body comprises high temperature stable carbon or SiC fibers.
- 26. (new) Method pursuant to claim 14, wherein the base body comprises fibers with a high carbon residue content selected from the group consisting of phenolic resin fibers, Aramid fibers, flax fibers, hemp fibers, and other cellulosic fibers.
- 27. (new) Method pursuant to claim 14, additionally comprising at least one additional sequence of steps of coating the carbon element with a carbon-containing solution and pyrolyzing the coated carbon element.
- 28. (new) Method pursuant to claim 14, wherein the pyrolyzed, stabilized and/or compressed base body is siliconized.